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# Play Ideas 2

"I can touch and hold."

These activities aim to develop the ability to:

- hold toys and objects in both hands
- to explore toys and objects by shaking, banging, pulling and poking
- look at what I am holding.

Some toys to use are:

- rattles, shakers and bells
- toy animals, dolls and teddies
- soft squeeze toys
- toy cars and balls.