

Section A

If you (or your child) have any of the following medical conditions, you are not permitted to come in the pool. If you are unsure, please consult the physiotherapist running the session or your Doctor;

- High Temperature
- Heavy Cold
- Recent infection (bladder infection, chicken pox)
- Diarrhoea/vomiting (you must wait 7-10 days after symptoms have ceased before you may enter the pool)
- Skin conditions such as tinea, plantar warts, cold sores etc.
- Unstable cardiac condition
- Uncontrolled seizures (not yet controlled by medication)
- Open wounds (small cuts may be covered with op-site before coming in the pool)
- Immunosuppression (eg. immunosuppressive medications)
- Kidney/Renal failure

Section B

There are some conditions that need to be treated with caution in the pool. Please inform the physiotherapist if you have any of the conditions listed below, and consult you Doctor if you are unsure.

- Inflammatory disorder eg rheumatoid arthritis
- Middle ear problems (you may need ear plugs)
- Respiratory condition eg. asthma, chronic lung disease
- Pregnancy
- Bowel/bladder incontinence
- Recent Stroke

I have read and understood the above information. I understand that I must:

- **Inform the Physiotherapist if my medical condition changes.**
- **Consult my Doctor if I am unsure about whether or not I should come in the pool.**
- **Not attend hydrotherapy if I have any of the conditions mentioned in section A.**
- **Consult my Doctor, and notify the physiotherapist if I have any of the conditions mentioned in section B.**

Parent/Carer Name:

Date:

Parent/Carer Signature: