



# TeenZone

Regency Park  
 July 2010 Vacation Care Program  
 8.00am-6.00pm  
 Mobile: 0408 456 644

This program is confirmation of your nominated bookings for the July 2010 Vacation Care Program at Regency Park. A red tick indicates confirmation of the days that you have requested for your teen.

Name:

Monday-5th	Tuesday-6th	Wednesday-7th	Thursday-8th	Friday -9th
<p><b>Library Visit</b>            Borrow stuff ; for the holidays – toys, games, sensory equip, books</p>  <p>Have a browse, read some books. Big book story time on cushions</p> <p><b>Group Game</b> *What I have in Common with you?"</p> <p><b>Gym Activities</b> basketball table tennis  <b>Playground</b>            Parachute bubbles</p>  <p><b>DVD Magic tricks</b>            Practice your own tricks to present at the TZ disco</p>  <p><b>Craft</b> – Decorate your own TeenZone hat – glitter, badges, paint</p>	<p><b>.TZ journal</b></p>  <p><b>10.30am Taxi pick up</b>  <b>\$\$Excursion to Bunnings Warehouse</b> – Mile End            Activity 11.30am            Making a CD holder            Lunch at Bunnings            You can buy lunch &amp; go shopping – bring \$\$\$  <b>2pm taxi pick up</b></p> <p><b>Outdoor &amp; indoor activities- School Playground &amp; Verandah Area:</b> sand pit, ball games, music, jewellery making, Wii, puzzles, colouring-in, trampoline, fit ball, exercises  <b>Group Activity</b> – bingo using Switch Spinner</p>  <p><b>Computer Time</b> find some cup cake recipes, look up fancy hats, tea parties for tomorrow  <b>Mad Hatters Lunch Time</b>  <b>Theatre not available – Novita Inservice Day</b></p>	 <p>Cooking cup cakes, &amp; making crazy hats for  <b>Mad Hatters Lunch Party</b> with Parks OSHC group            Learn about table etiquette, laying the table etc</p> <p><b>Regency Park Pool</b> – 1 to 3pm            Swimming Activities: pool games, floating, hydro,</p>  <p><b>TZ Journal Reflection</b></p> <p><b>Planning for next TZ Vacation Care</b></p> <p><b>Practice your magic tricks –review DVD</b></p> 	<p><b>Teeth Day!</b>  <b>Group Activity – Make a poster about Food</b> that's good for your teeth</p>  <p>*Bring your toothbrush &amp; Tooth paste            *Learn about teeth</p> <p>*<b>Recess</b> – talk about TeenZone rules and responsibilities – record ideas, everyone's response &amp; display poster</p> <p>At TZ <b>take a photo of your teeth</b> –to make a TZ teeth poster</p>  <p><b>Story Time</b> – Teeth Books</p> <p>Teeth Songs –“ I wake up in the morning at a quarter to 1 I feel like having a little fun ...I brush my teeth..... “            When you're smiling.....  <b>Walk to Civic Park Video</b> Hlre "Tooth Fairy" Movie            Colouring in Activity</p>	<p><b>Group Activities:</b>            Parachute games &amp; Songs  <b>\$\$</b>  <b>10am Taxi Pick Up</b>            11am \$6 each Live show at The Parks Community Centre:  <b>The Fiddle Chicks</b> -</p>  <p><b>12 lunch at the parks with Parks OSHC</b></p> <p><b>1pm Taxi pick up</b>  <b>Relaxation</b> back at TeenZone – choose soothing music, stretches, meditation, massage or pick a DVD to watch from the TZ collection and chill out            Story time            Wii            Board games, sensory activities            switch toys            draw or write in the TeenZone journal about the week and some ideas for next holidays.</p> 

\$\$ - Excursion costs ie entrance fees & transport costs will be added to your account. Wheelchair clients are asked to bring a cab voucher on excursion days to ensure transport can be provided. Any other money your child chooses to have ie to buy lunch, go shopping etc should be brought to staff attention on day if assistance is required. On Excursion days arrive 30 minutes prior to taxi pick up time.

Don't forget what to bring to TeenZone everyday: hat, lunch, recess, drink bottle, HCP, spare clothes, personal care products



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9-4.30pm

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Monday – 12 <sup>th</sup>	Tuesday – 13 <sup>th</sup>	Wednesday -14	Thursday 15	Friday 16
<p>Will challenges            Board Games            Card Games            Hummer Beads</p> <p><b>\$\$</b>  <b>9.30 Taxi Pick Up</b></p>  <p><b>Sportsability @ Parks OSHC</b>            10 – 12  <b>12 Lunch</b>  <b>1pm Taxi pick up</b></p> <p><b>Drama:</b>            Plan, create, practice songs, dances, skits, magic for Friday's Disco, Talent Show</p> 	<p><b>Computers</b>            Pancake recipes            Print photos for Journal</p>  <p><b>Jewellery Making</b>            (Cerridwen)</p>  <p><b>Cooking Pancakes</b>            Everyone bring in one topping            Or ingredient</p> <p><b>Regency Park Pool – 1 to 3pm</b>            Swimming Activities: pool games, floating, hydro,</p>  <p>Relaxation Activities            Journal Writing</p>	 <p><b>\$\$</b>  <b>10am Taxi Pick up</b>            10.30am AMF            Bowling Excursion – Carly &amp; Matthew's Idea            819 Port Road            Woodville</p> <p><b>\$\$</b>            \$6 per game  <b>Bring or buy your lunch</b></p> <p><b>1pm Taxi pick up</b></p>  <p><b>1.30pm Movie on the Big Screen</b> in the Theatre with the team from the brand new TeenZone @ Hamilton program</p> <p>Get out the Popcorn Machine for everyone!</p>	<p><b>Art &amp; Craft</b>            Your ideas            Painting, making,</p>  <p><b>Music &amp; Drama</b>            Practice your play, skit, dance for the TeenZone disco tomorrow</p>  <p>Journal – Ideas for next holidays</p> <p><b>Board Games</b></p>  <p><b>Computers</b> Make Certificates for Karaoke, dancing, Parks OSHC, Hamilton, Volunteers, Performers, and Entertainers. Get everyone to sign it.</p>	<p><b>Rehearsals</b>            Practice your skit, song, dance,</p>  <p><b>write</b> a welcome speech. Welcome: visitors, new friends, old friends, staff, write a thank you speech, a good bye speech  <b>Library</b> return resources, books and games borrowed  <b>Activity</b>            Set up the theatre for the Disco.            Get dressed up- hair &amp; make up styled (bring your own or use TZ supplies)</p>  <p><b>TeenZone Disco</b>            Decorations            Speeches            Karaoke            Talent Show            Disco            Games            Prizes            Parks OSHC friends  <b>CLEAN UP TIME</b></p>

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