

FROM JUST LIVING TO **MAKING MEMORIES**

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SUPPORTED INDEPENDENT LIVING **INFORMATION PACK**
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WHAT IS SIL?

Supported Independent Living (SIL) is a service offered by Novita, in which workers visit clients' homes in shifts throughout the day to provide assistance with daily chores and tasks, such as shopping, gardening and personal hygiene, enabling them to live independently. The goal of SIL is to empower clients to make your own decisions and develop your life skills, assisting you to take control of your own life, on your own terms. SIL is available to clients aged 18 or over.

SIL can be accessed either in your own home, but it is most often in a shared living agreement with others who also have SIL funding – this depends on your level of funding.

SIL supports can be delivered around the clock, at all times of the day. Whenever you need assistance, no matter the time of day, a compassionate and trained support worker will always be nearby.





HOW DO I ACCESS FUNDING FOR SIL THROUGH THE NDIS?

NDIS guidelines state that funding for SIL specifically covers the services provided by your support workers – it does not cover rent, utilities, or other associated costs. If you require assistance with these cost of living payments, please reach out to Centrelink to apply for the Disability Support Pension. Novita can also provide you with the support and guidance you need through our qualified support coordinators.

SPECIALIST DISABILITY ACCOMMODATION

Some people with very high needs may also receive funding for Specialist Disability Accommodation (SDA), and live in specialist accommodation through a SDA provider. While many SIL clients live in Supported Disability Accommodation (SDA), you do not need to live in SDA to access SIL services. If you receive funding for SDA, you may also be able to access funding for SIL based on your needs – the two are not mutually exclusive.

To access SIL funding from the NDIS, the service must be considered "reasonable and necessary". In order to meet these requirements, the service must:

- be directly related to your disability,
- represent value for money – as in, the service must provide a benefit for you that can't be found in other services in similar price ranges,
- be effective, and likely to be beneficial for you, your goals, and your livelihood,
- take into account other services that you access – for example, the service won't be funded if you are already accessing similar services that provide similar benefits.



ACCESSING SIL THROUGH NOVITA

I WANT TO APPLY FOR SIL FUNDING

STEP 1

Contact our Customer Experience Team via 1300 668 482 or service@novita.org.au and express your interest in the Novita SIL service.

STEP 2

Discuss your options and your application for SIL funding to the NDIS, with your Support Coordinator or your Local Area Coordinator – for this you will need to have a set Home and Living goal in your NDIS plan. We can assist you to gather all the required information for your application and determine a plan of action, or provide whatever assistance you might need throughout the process.

STEP 3

Complete your supporting evidence forms for your NDIS application – if you require assistance with these forms, you can work on them in consultation with your Novita Support Coordinator or Local Area Coordinator.

STEP 4

We will work with you to develop your Roster of Care specific to Novita SIL, and determine the support to be delivered within your budget.

I ALREADY HAVE SIL FUNDING

STEP 1

Contact our Customer Experience Team via 1300 668 482 or service@novita.org.au and express your interest in the Novita SIL service.

STEP 2

Novita will work with your Support Coordinator or your Local Area Coordinator to gather important information to begin your journey with us. These documents will consist of your NDIS SIL funding plan, assessments and reports.

STEP 3

We will work with you to develop your Roster of Care specific to Novita SIL, and determine the support to be delivered within your budget.

STEP 4

Notify the NDIS of your choice of SIL provider.

WHAT IS THE ROSTER OF CARE?

The Roster of Care is an important document that we use to determine what supports you need at different points throughout the week, broken down into 30 minute blocks. If you have not accessed Home and Living NDIS funding before, this document is usually needed to support your application. Once you receive funding, we confirm the support available to you, using this document.

We create this document alongside you, your family, and other healthcare providers you might be accessing. It considers your goals, life skills, and

aspirations, and determines when you will need more support, and when you will need less. If you will be living with housemates while accessing Novita SIL services, the Roster of Care will also take their needs and goals into consideration, and determine the ratio of support worker to client care (for example, 1 support worker to 3 clients is a 1:3 ratio)

The Roster of Care forms part of our service agreement with you when you agree to access Novita SIL services.





WHAT ELSE DO I NEED TO KNOW?

Additionally, you may also have funding for an NDIS approved Novita Support Coordinator, who can work with you to understand and effectively manage your NDIS funding. Our Novita Support Coordinators will be able to efficiently direct you to services which can support you to reach your goals, and get the most out of your funding. As well as our accommodation services, you will also have access to specialised disability equipment and assistive technology through NovitaTech, our community programs, therapy services, individualised support and more – if you choose, we can become a single point-of-contact for all your support needs.

Your Support Coordinator will also assist you in completing SIL assessments during the process of your application. This may include assessments from Novita's highly trained team of allied health professionals, such as occupational therapists, physiotherapists, exercise physiologists, psychologists, and more, to determine what type of care you may need, and gather all the relevant information needed for your application.

WHAT ABOUT OTHER SIMILAR SERVICES?

We also offer individualised support (IS) options, which is similar to our SIL service. IS differs from SIL in that your SIL support workers are with you constantly – as opposed to IS where your support workers will come and go throughout the day. Depending on your situation, IS can be a significant step towards achieving your independence. However, if your circumstances change, the 24/7 care and support offered through SIL may become more appropriate to meet your changing needs. There is no 'one size fits all' solution, and we will be flexible to best meet your needs.



I'M READY TO APPLY FOR SIL. WHAT HAPPENS NEXT?

It is important to note that the process of applying for SIL can be a long one – up to 12 months in some cases if you haven't already accessed any assessments or prior NDIS funding. We understand that circumstances can change often, which is why plans are often reviewed to ensure that we are providing you with the best possible service. This means that when you start accessing Novita's SIL service, we're not locking you into a service which does not provide you with any benefit.

If you have a goal to live independently, and need support to work towards this goal, SIL can provide you with the care you need. SIL does not mean living your life in a hospital facility – it means making your own decisions and taking charge of your life. With SIL, you can live your life independently, your friends and family can visit whenever they want, you can engage with your local community, all in the safe hands of dedicated and compassionate professional support workers.

If you are interested in accessing Novita SIL services, either in our brand new buildings in Murray Bridge, or in your own home, contact us today on **1300 668 482** or at **services@novita.org.au** for a confidential discussion with our Customer Experience team.

